

# the truth about treating

## snack comparisons



**4.5kg cat**

**vs. average person\***

28g of  
cheddar cheese



= 3 ½ hamburgers



1 cup of milk



= 4 ½ hamburgers



**9kg dog**

**vs. average person\***

28g of  
cheddar cheese



= 2 ½ hamburgers



1 tablespoon of  
peanut butter



= 2 ¼ hamburgers



3 delicious  
Metabolic treats



= 1 apple

