

the truth about treating

snack comparisons



4.5kg cat

28g of cheddar cheese



1 cup of milk



vs. average person*

= 3 1/2 hamburgers



= 4 1/2 hamburgers



9kg dog

28g of cheddar cheese



1 tablespoon of peanut butter



3 delicious Metabolic treats



vs. average person*

= 2 1/2 hamburgers



= 2 1/4 hamburgers



= 1 apple



*Based on human 2000 kcal/day diet



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